



RENAISSANCE

THE THREE AGES OF THE WOMAN

 challenges the Speakers ♦ Patients will be heard

04 | 05
DECEMBER
2026

MEYER HEALTH CAMPUS
FLORENCE ITALY

The course ID 156-490189 has been accredited with 10,5 ECM credits
for doctors specialised in : Gynecology and Obstetrics;
(admission will be granted on a first come, first served basis,
according to the order of registration).

About the Conference

Inspired by the Renaissance — a period marked by artistic, intellectual, and cultural rebirth — this conference seeks to bring these principles into a modern context, focusing on women's health. It will explore the three key phases of a woman's life: reproduction, pregnancy, and aging.

Renaissance means stimulating new researchers, as in the artisan's workshop, the great master cultivated his/her students, some of whom would later surpass him/her. Thus, putting aside the ego of the senior expert, we will have to favor the new generations and the new ways of "narrating" health, treatments and the use of technologies. We should be accompanied by Artificial Intelligence, by the need for simulation and by the advances in information technology.

The scientific programme of the Renaissance Conference on The Three Ages of the Woman is divided into three parts: Fertility, Maternal-Fetal Medicine, and Post-Reproductive Medicine, featuring a blend of the most seasoned experts in the field alongside speakers from the new generation.

With this spirit we are re-proposing a new concept of conference that, from the etymology, does not only mean "gathering together" but, above all, "confronting and comparing".

Meet with leading experts in reproduction, maternal-fetal, and post-reproductive medicine!

BLACK PLENARY SESSIONS
RED MATERNAL FETAL MEDICINE SESSIONS
BLUE REPRODUCTION SESSIONS
GREEN POST REPRODUCTION SESSIONS
VIOLET AFTERNOON COURSES ON ULTRASOUND SIMULATION

04 DECEMBER 2026

MEYER HEALTH CAMPUS
FLORENCE ITALY

08.45 - 09.00

Openings
Gian Carlo Di Renzo

09.00 - 11.00

Module 1: Nutrition in the three ages of the woman
Coordinators: Luca Gianaroli, Edgar Mocanu and ChatGPT

Role of nutrition and supplementation on fertility
Edgar Mocanu

The SAFARI approach
Vasileios Sarafis

Nutrition and lifestyle in the periconceptional and pregnancy periods
Roland Devlieger

Nutrition in the transition from reproductive to the post reproductive periods and aging
TBA

Selected communications

11.00 - 11.20

Break

11.20 - 13.00

Module 2: Genetics in the three ages of the woman
Coordinator: Anna David and ChatGPT

Genetics, fertility and ART
Luca Gianaroli

The changing paradigms of prenatal genetics
Anna David

Are genetic markers changing our post-reproductive and aging periods?
Anne Gompel

Selected communications

13.00 - 14.00

Lunch Break

HALL A

- 14.00 - 16.00** **Module 3: Preterm birth prediction and prevention**
Coordinator: Dilly O.C. Anumba, Giuseppe Rizzo and ChatGPT
 Patient: (Silke Mader) - case to introduce
- Gaps in prediction and prevention
Dilly O.C. Anumba
- Preventable risk factors and the role of society and professionals
Roland Devlieger
- Prevention by progesterone and/or cerclage: current evidences
Giuseppe Rizzo
- Do we have to consider microbioma?
Nele Brusselaers
- Which is the goal to manage the risk of preterm birth? The view of neonatologist
Umberto Simeoni
- 16.00 - 16.30** **Break**
- 16.30 - 18.20** **Module 4: Environment, placenta and pregnancy outcome**
Coordinators: Roland Devlieger, Patrick Rozenberg and ChatGPT
 Patient: - case to introduce
- Climate and environment change fertility and pregnancy outcomes
Jessica Fanzo
- The key role of placentation in the pathway of most common obstetric disorders
Patrick Rozenberg
- Abnormalities of placentation: diagnosis and management
Ilenia Mappa
- The way to prevent obstetrical syndromes
Gian Carlo Di Renzo

HALL B

- 14.00 - 16.00** **Special lecture: : PHLEBOgyn: the “not to be forgotten” evidence-based synergy**
Sergio Giancesini
- Module 5: The (pelvic) floor is yours!!
 Clinical cases presented by previously accepted abstracts from the audience
Coordinators: Rudi Campo, Alberto Mattei and ChatGPT
- 16.00 - 16.30** **Break**
- 16.30 - 18.20** **Module 6: The role of the uterus**
Coordinators: Mats Hellström, Frank Broekmans and ChatGPT
 Patient: - case to introduce
- New insights in uterine anatomy
Grigoris F. Grimbizis
- Uterus in vitro
Matteo Molè
- Future biomarkers for uterus assessment
Andres Salumets
- The uterus of the future
Mats Hellström

HALL C

(limited to 40 participants)

- 14.30 - 16.30** **Parallel Course: Simulation in ultrasound for assisted reproductive technologies (ovaries, endometrium, pick up, embryo-transfer, pregnancy diagnosis)**
Coordinators: Valentina Tsibizova, Ilenia Mappa
- 18.30 - 19.00** **Opening lecture: Renaissance in Women's life**
Yves Ville (online)
- 19.00 - 20.30** **Get together and happy hour**

08.45 - 09.15

Opening of the day lecture:
 The maternal age effect and what we can
 do about it
Darren K. Griffin

HALL A

09.15 - 11.00

Module 7: The laboratory issues in ART
Coordinators: Darren K. Griffin and ChatGPT

How far PGT can go?
Francesco Fiorentino

Emergency situations in the laboratory
Virginia Bolton

From animal research to human reproduction.
 The use of dried reconstituted sperm
Pasqualino Loi

Research of the future in the lab
Darren K. Griffin

11.00 - 11.30

Break

11.30 - 13.00

Module 8: Poor responders
Coordinators: Anna P. Ferraretti and ChatGPT
 Patient: - case to introduce

Which protocol for POR according to
 Bologna criteria?
Frank Broekmans

Any room for adjuvants?
Luca Gianaroli

Ovarian Platelet-Rich Plasma (PRP) rejuvenation,
 does it work?
Anna P. Ferraretti

Rescue of ovarian follicles after transplantation
TBA

13.00 - 14.00

Lunch Break

HALL B

09.15 - 10.45

Module 9: Early menopause
Coordinators: Tommaso Simoncini and ChatGPT
 Patient: - case to introduce

Sex and early menopause
Rossella Nappi

Metabolic fate of early menopause
Irene Lambrinoudaki

Brain consequences of early menopause
Andrea R. Genazzani

Endometriosis and menopause
TBA

10.45 - 11.15

Break

11.15 - 12.50

Module 10: The testosterone role in post
 reproduction
Coordinators: Jan Pawel Pachnicki and ChatGPT
 Patient: - case to introduce

Testosterone in peri and post menopause:
 why, when and for whom
Alessandra Graziottin (online)

Evidence to support testosterone use in women
Jan Pawel Pachnicki

Metabolic effects and compliance
Mark Brincat

12.50 - 14.00

Lunch Break

HALL A - HALL B

- 14.00 - 14.30 Special Lecture: The menopause penalty: medical, social, and economic dimensions
Gabriella Conti
- 14.30 - 16.00 Module 11: Menopause hormonal therapy
Coordinators: Andrea R. Genazzani and ChatGPT
Patient: - case to introduce
- From VVA to GSM: how HRT can help the pelvic floor
Tommaso Simoncini
- Protecting long term health with hormones
Antonio Cano
- HRT and cancer risk: summarizing the real evidence
Anne Gompel
- PCOS/PMOS Management and treatment with reference to Incretins, GLP1As alone or in combination
Mark Brincat
- 16.00 - 16.30 Break
- 16.30 - 18.00 Module 12: How to improve quality of life
Coordinators: Mark Brincat and ChatGPT
Patient: - case to introduce
- Improving QoL in BRCA-mutated patients
Marta Caretto

Menopause and the workplace, the hidden burden

TBA

Caring for women during late menopause and ageing

Anne Sophie Page

HALL C

(limited to 40 participants)

- 14.30 - 16.30 Parallel Course: Ultrasound simulation in pelvic floor disorders in the aging women
Coordinators: Valentina Tsibizova

- 18.00 Closing of the Congress

FACULTY

PREGNANCY

Dilly O.C. Anumba (Sheffield, UK)
Nele Brusselaers (Ghent, Belgium)
Anna David (London, UK)
Roland Devlieger (Louvain, Belgium)
Gian Carlo Di Renzo (Perugia, Italy)
Jessica Fanzo (Bologna, Italy)
Silke Mader (GFNCI, Germany)
Ilenia Mappa (Rome, Italy)
Giuseppe Rizzo (Rome, Italy)
Patrick Rozenberg (Paris, France)
Umberto Simeoni (Lausanne, Switzerland)
Valentina Tsibizova (Firenze, Italy)
Yves Ville (Paris, France)

REPRODUCTION

Virginia Bolton (London, UK)
Frank Broekmans (Utrecht, NL)
Anna P. Ferraretti (Bologna, Italy)
Francesco Fiorentino (Roma, Italy)
Luca Gianaroli (Bologna, Italy)
Sergio Giancesini (Ferrara, Italy)
Grigoris F. Grimbizis (Thessaloniki, Greece)
Darren K. Griffin (Kent, UK)
Mats Hellström (Gothenburg, Sweden)
Pasqualino Loi (Teramo, Italy)
Alberto Mattei (Firenze, Italy)
Edgar Mocanu (Dublin, Ireland)
Matteo A. Molè (Cambridge, UK)
Arlindo L. Oliveira (Lisbon, Portugal)
Andres Salumets (Stockholm, Sweden)

FACULTY

POST REPRODUCTION-MENOPAUSE

Mark Brincaat (Malta)
Antonio Cano (Valencia, Spain)
Marta Caretto (Pisa, Italy)
Gabriella Conti (London, UK)
Andrea R. Genazzani (Roma, Italy)
Alessandra Graziottin (Milan, Italy)
Anne Gompel (France, Portugal)
Irene Lambrinoudaki (Athens, Greece)
Rossella Nappi (Pavia, Italy)
Jan Pawel Pachnicki (Brasil)
Anne Sophie Page (Louvain, Belgium)
Tommaso Simoncini (Pisa, Italy)

MAIN INFORMATION

Participants wishing to participate in the session entitled “The (pelvic) floor is yours!” “ are invited to submit an abstract describing the clinical case they intend to present. The abstract should include relevant anamnesis, diagnosis, treatment, and clinical outcome.

Please note that not only positive cases are welcome; even unfavorable cases are encouraged, as they offer valuable opportunities for discussion and learning.

Deadline September 1st, 2026

ABSTRACT SUBMISSION (DEADLINE September 1st 2026)

Those wishing to submit their work to the conference are invited to submit an abstract, which will then be evaluated by the scientific committee. Please submit online, providing all the required information and attaching the work using the template available on the website (Word file).

Submission Method: Online only via the portal, not by email.

Template: Follow the provided template, usually divided into: Introduction/Purpose, Methods, Results, Discussion/Conclusions.

Length: Respect the limits, 2,500 characters (including spaces) or approximately 300 words.

Content: Title in capital letters, anonymization in the text (sometimes required), clear indication of the clinical case or research.

Acceptance and Registration: Once accepted, the abstract will be included in the program (oral or poster) only if the presenting author registers for the conference.

NB Only 12 abstracts will be selected for oral presentation during the Breaking News session on 12 and 13 December at 8 am. Oral communications should last 8 min (followed by 2 min of Q & A)

Posters will be on display on special monitors in the exhibition area for all duration of the Congress.

Deadline: Respecting the deadline is essential, as there are no extensions.

REGISTRATION FEES:

250 € + VAT

COFFEE BREAKS AND WORKING LUNCH ARE INCLUDED IN THE REGISTRATION FEE.

Location:

Meyer Health Campus, Via Cosimo il Vecchio, 26 - Firenze, Italy



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